

STUDENT ATHLETE YOUTH SUMMER CAMP SERIES by Jump Start Sports

Time: 9:00 a.m. - 4:00 p.m.

Before Care: 7:30 a.m. – 9:00 a.m.

Age: 4 - 12 years old

Fee: \$180 (resident) \$270 (non-resident)

Before Care: \$15 (Payment for before care can be made payable to Jump Start Sports on the first day of camp)

Jump Start Sports provides well-organized summer camps in an environment that is more focused on fun and learning than on competition. The innovative camp themes are designed to pique the interest of every camper, allowing them to explore their interests in a fun and safe manner! The Student Athlete Youth Summer Camp Series was designed with the student-athlete in mind, where student comes first, and athlete comes second. The goal of this series is to allow children time to run around and be active all summer, while not forgetting key concepts learned during their school years. Educational type activities will take place each week in addition to the themed sport, helping form a well-rounded summer for all campers!

SPORTS CAMP KICK OFF AND CAMP GOES GREEN

Kick off the summer by participating with your friends in your favorite camp games and activities! This includes a wide variety of sports and fun camp games such as Capture the Flag, Tag Games, Relay Races, Wiffle Ball, Kickball, and more! Campers will also participate in daily challenges to help them learn about the importance of going green and recycling. Challenges will include planting trees/plants, recycled art activities, nature walks, and much more.

Day: Monday – Friday

Date: June 4 – June 8

Course Code: 18359

Location: Kiwanis Center

WORLD CUP SOCCER CAMP AND STEM WEEK

Children get their kicks at the World Cup Soccer Camp! Players learn foot skills, passing, shooting, goal keeping, and team concepts. Each day, they are also divided by gender and skill level and participate in games. The last few days of camp, small teams represent a country and participate in a fun "World Cup" competition. When soccer is done each day, campers will learn a variety of STEM (Science, Technology, Engineering, and Mathematics) concepts through hands on discovery. Campers will create projects to take home, build bridges, drop eggs, and much more!

Day: Monday – Friday

Date: June 25 – June 29

Course Code: 18362

Location: Kiwanis Center

ALL PRO FLAG FOOTBALL/CHEERLEADING CAMP AND ARTS WEEK

The All Pro Football Camp will teach campers the basic fundamentals of football in an atmosphere that emphasizes sportsmanship, teamwork, and the joy of sports. This camp is great for both novice and experienced football players. In addition to learning fundamentals, techniques and strategies of the sport, campers will participate in flag football games every day as well as fun games and contests such as "Punt, Pass, and Kick." Cheerleading Campers learn a variety of cheers, jumps, kicks and movements. We'll also play fun cheerleading games, create cheerleading themed crafts, and decorate uniforms to wear at the exhibition on the last day of camp. Cheerleading camp provides children with a highly active endeavor in a non-competitive environment that fosters fun and friendship. In addition, campers will learn about different artistic styles and participate in activities that lead up to a talent show and a museum! They will work individually or in a group to practice their piece for the end of week talent show. They will also complete various works of art that will be posted in a museum for parents to walk through on the final day of camp.

Day: Monday – Friday

Date: June 11 – June 15

Course Code: 18360

Location: Kiwanis Center

OLYMPIC SPORTS CAMP AND CULTURE WEEK

The Olympics have come to town! Campers are divided into "countries", to compete for the gold medal! The Olympic spirit and true sportsmanship are emphasized throughout the week. Sports offered include track and field, soccer, hockey, basketball, and more! Campers also learn about the culture and history of their adopted country and make the country's flag, learn key words/phrases of the language from the country, and create other pieces of art to take home.

Day: Monday – Friday

Date: July 9 – July 13

Course Code: 18363

Location: Kiwanis Center

NCAA LACROSSE CAMP AND FEAR FACTOR WEEK

Boys and girls can learn to play one of the fastest growing sports in the United States. Lacrosse is action packed and lots of fun! The sport has elements of soccer, football, basketball and hockey. All equipment will be provided in this highly instructional program. Players will receive training on the fundamentals, including: passing and catching, fielding ground balls, cradling, spacing, positioning, and defense. Then they play fun game situational scrimmages, which helps them learn more and enjoy the fast-paced action of the game. Plastic sticks and soft balls are used. No checking, stick checking, or poking will be permitted! At the end of the week, players will participate in a fun "NCAA Championships." Campers will cool down from lacrosse and then have a chance to face their fears, while having a blast doing so! Activities will include edible bugs, team building trust games, making slime, and many more creepy, gooey, fun activities!

Day: Monday – Friday

Date: July 16 – July 20

Course Code: 18364

Location: Kiwanis Center

HOOP IT UP BASKETBALL CAMP AND SHARK TANK WEEK

Basketball players learn all basic fundamentals, including dribbling, ball handling, passing, shooting, defense, and game strategy. Each day, campers play in fun individual and team competitions, culminating in a "Fayette County March Madness" 3 on 3 Basketball Tournament! After basketball, campers are presented with hands on challenges that promote creative problem solving, teamwork, imagination and innovation! The week will end with a "Shark Tank" presentation to the counselors where campers have to pitch their inventions to the team!

Day: Monday – Friday

Date: June 18 – June 22

Course Code: 18361

Location: East Fayette Gym

ULTIMATE WARRIOR SPORTS CAMP AND NUTRITION WEEK

Join us at the Ultimate Warrior Camp for fitness, fun "Survivor" type team challenges paired with nutrition lessons! Age-appropriate and safe activities specifically designed to challenge, inspire, and excite. Games and tasks this week include obstacle courses, relays, tug-of-war, and many other fun activities designed to teach cooperation and teamwork while also developing self-esteem and a strong understanding of nutrition and healthy foods/activities. Children will compete in a weekly step challenge and a daily healthy lunch challenge!

Day: Monday – Friday

Date: July 23 – July 27

Course Code: 18365

Location: Kiwanis Center