

Press Release



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Free Onsite Health Coach to Help Fayette County Employees Improve Well-being

Cigna and the Piedmont Clinic to provide coach with goal of improving health and lowering healthcare costs for the county

ATLANTA, GA – March 4, 2020 – Fayette County government employees and their dependents now have free onsite access to a RN Health & Wellness Coach made possible by Cigna and the Piedmont Clinic. The health coach will work collaboratively with county employees, their families, physicians, Cigna and the community to coordinate care, drive better patient outcomes and reduce healthcare costs for the county.

Cigna and the Piedmont Clinic have a longstanding relationship through their [Cigna Collaborative Care](#) program, which aims to improve patient health, affordability and overall patient experience. The health coach will travel to various Fayette County government offices to provide a wide range of services, including:

- Educating employees on physical and behavioral health
- Scheduling preventive screenings (annual physical, mammograms, immunizations, etc.)
- Working with at-risk employees to help them achieve their health goals
- Addressing socioeconomic barriers to care, such as transportation, financial and family support
- Hosting wellness events

“We’re excited about partnering with Cigna and Piedmont to provide Fayette County employees and their families with better patient outcomes that will help decrease healthcare expenditures while increasing preventive care, screening and early detection,” said Fayette County’s County Administrator Steve Rapson.

“Cigna works with municipalities throughout Georgia to improve whole person health for their employees,” said Bryan Holgerson, Georgia market president for Cigna. “We are proud to partner with Piedmont to provide onsite health coaching to our Fayette County client, who is committed to supporting employee health.”

“Piedmont’s purpose is to make a positive difference in every life we touch and that means both in the hospital and in the community,” said Piedmont Fayette CEO Stephen Porter. “We are there for people when they are sick or injured, but we are also a resource to help them on their wellness journeys as well.”

“Our relationship with Fayette County is an example of our commitment to changing care delivery models – and improving healthcare of the communities we serve,” said Chris Lloyd, Piedmont Clinic President and CEO.

About Fayette County

Fayette County, established by Resolution in 1821, is a political subdivision of the State of Georgia, organized and existing under its Constitution and laws. Fayette County was the 49th county created in the State and was formed from parts of the Creek Indian Territory. Both the County and the City of Fayetteville, which is the County seat, were named for the Marquis De LaFayette, one of General George Washington's lieutenants in the Revolutionary War. The programs and services provided by Fayette County Government are responsive to and prioritized in accordance with community expectations and legislative mandates, while simultaneously ensuring the health, safety and welfare of citizens. We value our employees and their abilities, and we are committed to promoting health, safety and security through training and educational resources.

About Cigna

Cigna Corporation (NYSE: CI) is a global health service company dedicated to improving the health, well-being and peace of mind of those we serve. Cigna delivers choice, predictability, affordability and access to quality care through integrated capabilities and connected, personalized solutions that advance whole person health. All products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Cigna Life Insurance Company of New York, Connecticut General Life Insurance Company, Express Scripts companies or their affiliates, and Life Insurance Company of North America. Such products and services include an integrated suite of health services, such as medical, dental, behavioral health, pharmacy, vision, supplemental benefits, and other related products including group life, accident and disability insurance. Cigna maintains sales capability in over 30 countries and jurisdictions, and has more than 165 million customer relationships throughout the world. To learn more about Cigna®, including links to follow us on Facebook or Twitter, visit www.cigna.com.

About Piedmont Healthcare

A private, not-for-profit organization with nearly 660 locations serving nearly 2 million patients across Georgia, Piedmont is transforming healthcare, creating a destination known for the best clinicians and a one-of-a-kind experience that always puts patients first. Today, more than 110 years since it was founded, Piedmont is known as a leading health system in treatment of heart disease, organ transplantation and cancer care with 11 hospitals, 27 urgent care centers, 28 Piedmont QuickCare locations, 555 Piedmont Clinic physician practice locations and more than 2,300 Piedmont Clinic members. In May 2019, Piedmont became Great Place to Work-Certified™ and in June 2019 was named by Forbes as one of the Top10 Employers in Georgia. Our 23,000-plus employees dedicate themselves to making a positive difference in every life we touch and our commitment doesn't stop there. In FY 2019, Piedmont provided \$268 million in uncompensated care community benefit programming in an effort to better the health and well-being of the people in the communities we serve. For more information, visit piedmont.org.