Therapeutic Art Workshops

Fall 2025 | TR ART WORKSHOPS



September, October, November & December

Please Note: Beginner, Moderate & Advanced classes are designed with the student in mind. If you are **new** to TR Art or thinking about expressing your creativity, **WELCOME!** It is highly recommended to start with a "beginners" art class- if this is your <u>first time registering for TR ART classes</u>. The art workshops, led by an art instructor, require a level of independence, abilities and artistic skills which will determine if the next level is beneficial for the student.

SEPTEMBER

TR ART WORKSHOP: "GOLDEN GINKO"

The ginkgo's unique appearance with its beautiful fan-shaped leaves symbolizes longevity and resilience while inspiring art. Students will hand paint real Ginkgo leaves with gold paint which will then be gently adhered to an 8x10 painted wooden frame. Come get inspired and join your friends for a golden September to remember.

Day: Monday
Date: September 8
Time: 5:00 p.m. - 6:30 p.m.

Fee: \$100 (resident) \$150 (non-resident)

Age: 13 & Older Level: Beginner

Location: 140 Stonewall Ave, Suite 209A *All materials healthy snacks/drinks included

*Visual is an example

TR ART WORKSHOP: "FALL'N"

New Technique! We are fallen for fall and getting inspired by nature's beauty. We are sculpting beautiful leaves with self-dry clay. Every student will create a medium sized handheld leaf which may be used as a jewelry dish, spoon rest or whatever your creative soul desires. Students will have a selection of fall leaves to choose from which will provide detailed texture to their work of art. *Please note: the clay will require patience - which means- overnight dry time and may be left white or artist may request a color to take home & paint. Come enjoy the good vibes with your fellow artists as we get our hands dirty with clay.

Day: Wednesday
Date: September 17
Time: 5:00 p.m. - 7:00 p.m.

Fee: \$120 (resident) \$180 (non-resident)

Age: 13 & Older Level: Moderate

Location: 140 Stonewall Ave, Suite 209A *All materials healthy snacks/drinks included

*Visual is an example

TR ART WORKSHOP: "CRIMSON CALM"

Need to say more!? Stunning! Students will hand paint this autumn landscape with acrylics and texturized gel on a medium (ex: 16x24) scaled canvas. Artists will experiment with tools such as a palette knife, spatula, fan brush and some tree templates/stamps to create this masterpiece. Join us in the art room as the warmth of this painting will bring a sense of calm to your spirit.

Day: Monday
Date: September 22
Time: 5:00 p.m. - 7:30 p.m.

Fee: \$140 (resident) \$210 (non-resident)

Age: 13 & Older Level: Advanced

Location: 140 Stonewall Ave, Suite 209A *All materials snacks/drinks included

*Visual is an example



OCTOBER

TR ART WORKSHOP: "ARE YOU READY FOR SOME FOOTBALL?"

This original art was a hit, and we are offering it again! Just a side note-this makes a cool graduate, Father's Day, and ALL-around Football Fan gift! Or gift yourself. We won't tell! Come join an action-packed night you do not want to miss. We will begin our tail gate party-with your friends as we enjoy pizza, cold sodas and game time music. Next, we will Kick-Off the art class by all artists sharing their NFL or NCAA football team pick. Artists will begin painting the background of their one oversized canvas with either a splatter or contemporary abstract style. Finally, every student will paint a template of a football helmet which will have their chosen team logo. This artwork is going to be your families fan fave!!! Don't forget to show your spirit and wear your teams' colors or fan merch. NOTE: If the sport has a helmet (hockey, etc.) we can paint it! Artist: Jamal Hines (Falcon) Charlie Feldt (LSU)

Day: Monday

Date: October 6 **Time:** 5:00 p.m. - 8:00 p.m.

Fee: \$140 (resident) \$210 (non-resident)

Age: 13 & Older Level: Advanced

Location: 140 Stonewall Ave, Suite 209A

*All materials and PIZZA/drinks included due to late class

*Visual is an example only



Facing the Sun in all its glory are the sunflowers rising up to capture the last golden rays of autumn's light. Come join your fellow artists as we hand-paint an original medium scaled masterpiece on canvas or wood (artist choice) which will be inspired by a beautiful still life of fresh sunflowers. Students will receive a sunflower to take home as well.

Day: Wednesday **Date**: October 15

Time: 5:00 p.m. - 7:00 p.m.

Fee: \$120 (resident) \$180 (non-resident)

Age: 13 & Older **Level:** Moderate

Location: 140 Stonewall Ave, Suite 209A *All materials snacks/drinks included

*Visual is an example

TR ART WORKSHOP: "NO TRICKS JUST TREATS AND T-SHIRTS!"

It's that time of year again when we have a SPOOK-TACULAR time in art! We are kicking it off a little earlier this year so no one misses out on the fun and you can wear your creation over the spooky season. You are going to enjoy hanging out with your friends while listening to some 'Spooky' beats, eating 'Ghoulish' treats and of course creating your own original Halloween themed reverse bleached tie dye T-Shirt!!! Note: T-Shirt sizes will be requested prior to the class. Make sure to sign up fast! Halloween costumes encouraged. There will be a prize for the most creative!!!

Day: Monday
Date: October 20

Time: 5:00 p.m. - 7:30 p.m.

Fee: \$120 (resident) \$180 (non-resident)

Age: 13 & Older Level: Beginner

Location: 140 Stonewall Ave, Suite 209A
*All materials and ghoulish treats included

*Visual is an example only/There will be design choices!







NOVEMBER

TR ART WORKSHOP: "HOLIDAY GREETINGS OF CHEER"

Seasonal Fave! It's the most wonderful time of the year. What better way to send tidings of comfort and joy than with your own **handmade greeting card!** You will hand make 12 uniquely designed holiday cards which will include envelopes and seals. Every card will be an original piece of your art. Your recipients may want to frame these as the cards are exceptionally beautiful and from the heart. Of course, we can't get into the magic of the season without holiday snacks and tunes. **Bonus:** Two cards will include your handmade ornament which can be used once it's taken off the card. Hallmark has card envy!

Day: Monday
Date: November 10
Time: 5:00 p.m. - 8:00 p.m.

Fee: \$130 (resident) \$195 (non-resident)

Age: 13 & Older Level: Moderate

Location: 140 Stonewall Ave, Suite 209A All materials, snacks/drinks included

*Visual is an example only



NEW! HIGH DEMAND!! The requests have been heard. As a seasoned pet portrait artist, this workshop will offer an altered style to create your pets *Paw-fect* contemporary mixed medium (11x14 max canvas) portrait. Pets are family and what better way to praise and honor them than with an original pet portrait. Students will come together to share their dog's name. We are sensitive to the fact that the pet may have crossed the rainbow bridge. Memorial portraits are welcome. **Please note:** It's highly encouraged to sign up quickly as spots are limited. Every student will require a photo of their dog prior. *T'is the season for the Paw-fect gift! Santa Paws seal of approval!*

Day: Monday
Date: November 17
Time: 5:00 p.m. - 8:00 p.m.

Fee: \$140 (resident) \$210 (non-resident)

Age: 13 & Older Level: Advanced

Location: 140 Stonewall Ave, Suite 209A **All materials snacks/drinks included**

*Visual is an example only







DECEMBER

TR ART WORKSHOP: "SHAKE IT UP"

Have you ever imagined yourself in a snow globe? Come shake things up as we will take your self-portrait or your family portrait and collage it inside your painted snow globe. You decide if it's fresh fallen snow or a blizzard. Let's shake it up, make some magic and have some winter fun!

Wednesday Day: December 3 Date: **Time:** 5:00 p.m. - 6:30 p.m.

Fee: \$100 (resident) \$150 (non-resident)

Aae: 13 & Older Level: Beginner

Location: 140 Stonewall Ave, Suite 209A

All materials and healthy light snacks included *Visual is an example only *photo request



TR ART WORKSHOP: "SANTA'S HELPER"

Family Fave! Make your list and check it twice! We are getting a head start on the gift giving season and we think there is no better way to show your love than with a handmade gift. The holidays are approaching fast and Santa needs your help!

Every student will create a total of 6 gifts which may include the following:

Hand painted 8x10 winter landscape on canvas, 4x4 painted tile with easel, painted tea towel, 8x8 shadow box with mixed media collage around the artists chosen quote, water colored candle votive, handmade ornament, 8x10 self-portrait which will be an outline of your headshot (on clear laminated sheet) and then placed on top of your chosen visual landscape.

You don't want to miss this! Come join in on the fellowship as we always have fun and will get creative while, enjoying listening to holiday music and dipping on hot chocolate!

Bonus gift: TBD

Note: Please, the list of items may be substituted by another project due to lack of resources at the time leading up to the workshop. The handmade gifts are beyond extraordinary with quality/quantity and this class is an instructor favorite. Details will be shared, and requests are always welcome.

Day: Monday Date: December 8 **Time:** 5:00 p.m. - 8:00 p.m. Fee:

\$140 (resident) \$210 (non-resident)

Age: 13 & Older Level: Advanced

Location: 140 Stonewall Ave, Suite 209A

*All materials, Pizza/drinks included due to length of class

*Visual is an example only

TR ART WORKSHOP: "TOP OF THE PINES"

NEW! Industrial and utilitarian or rustic and chic- this art will have you swept away to your special spot overlooking the pines. Artists will paint various scaled pine trees on a horizontal wooden board. The chosen background hue will elevate the detailed row of stretched tall pines. This masterpiece will be an oversized reflection of nature's exquisite beauty.

Day: Monday Date: December 15 5:00 p.m. - 8:00 p.m. Time:

\$140 (resident) \$210 (non-resident) Fee:

13 & Older Age: Level: Advanced

Location: 140 Stonewall Ave. Suite 209A All materials snacks/drinks included

*Visual is an example only

