# Therapeutic Programs

## TR COLUMBUS CLINGSTONES BASEBALL GAME

We are going to head to Columbus to check out the Columbus Clingstones, who are the Double-A Affiliate for the Atlanta Braves. For years this team has been in Mississippi, but this year has moved to our backyard of Columbus. Come with us as we cheer on the future stars of the Braves as they take on the Montgomery Biscuits.

Day: Wednesday
Date: September 3

**Time:** 4:00 p.m. - 11:30 p.m.

**Fee:** \$30 (resident) \$45 (non-resident)

**Age:** 16 & Older **Location:** Columbus



## TR GREETING CARDS - CARDS OF ENCOURAGMENT

Assemble a set of three cards with messages of encouragement to cheer your friends and family, ready for you to write a personal note.

Day: Thursday
Date: September 4
Time: 4:00 p.m. - 5:00 p.m.

Fee: \$18 (resident) \$27 (non-resident)

Age: 16 & Older

Location: 140 Stonewall Ave, Suite 209A

## TR KARAOKE NIGHT

Let's channel our inner rock stars! Eat dinner before you arrive.

Day: Thursday
Date: September 25
Time: 6:30 p.m. - 8:30 p.m.

Fee: Free Age: 14 & Older

Location: 140 Stonewall Ave, Suite 209A



## TR THURSDAY FUN DAYS

Come hang out with us, play a game, get some exercise, and have fun with your friends. We will try and meet

once a week and enjoy some kind of activity. Register for these events and come join the fun.

Day: Thursday

**Date:** September 25 - November 20

\*No Fun Day on October 16

**Time:** 4:00 p.m. - 5:00 p.m.

Fee: Free Age: 12 & Older

Location: Kiwanis Center

## TR BOWLING LEAGUE

Will you bowl a strike or a spare?? What about a TURKEY??!! Come out with your friends and just have a blast!! Let's see who can get the highest score! Please arrive at 3:45 p.m. so we can begin on time!

Day: Tuesday

Date: Session I: September 23 - October 21 Session II: October 28 - December 2

\*No Bowling on November 11

**Time:** 4:00 p.m.

Fee: \$35 per session (resident)

\$52.50 per session (non-resident)

Age: 18 & Older

Location: Fayette Fun Bowl

## TR VISITS ROCK CITY

We are going to head to Rock City which is on Lookout Mountain in Georgia. We will be able to check out their neat trails through their rock formations. We will also be able to check out the view from the top where you can see seven states. Join us for this fun day at Rock City!

Day: Wednesday
Date: October 1

**Time:** 8:00 a.m. - 6:00 p.m. **Fee:** \$55 (resident)

\$82.50 (non-resident)

Age: 16 & Older

Location: Lookout Mountain, GA



## TR GREETING CARDS - HALLOWEEN CARDS

Assemble a set of three glow-in-the-dark Spooktacular Halloween cards. Surprise, family, and friends with a bootiful Card!

**Day:** Thursday **Date:** October 9

**Time:** 4:00 p.m. - 5:00 p.m.

**Fee:** \$18 (resident) \$27 (non-resident)

Age: 16 & Older

Location: 140 Stonewall Ave. Suite 209A

## **HALLOWEEN PARTY**

We are going to have a spooktacular Halloween party! Join us for a night of fun, food, games, activities, and enjoy being with you friends. Wear your costume and be prepared to have a great time.

See you there! **Day:** Friday **Date:** October 24

**Time:** 6:00 p.m. - 8:00 p.m. **Fee:** \$20 (resident)

\$30 (non-resident)

Age: 14 & Older Location: Kiwanis Center



#### TR FALL NATURE HIKE TO SWEETWATER CREEK

We are going to go for a hike at beautiful Sweetwater Creek. They have many wooded trails that follow paths along the creek. The ruins of the New Manchester Manufacturing Company's textile mill that burned during the Civil war are along the creek for us to check out. Pack a lunch to enjoy a picnic and a great hike with friends.

Day: Friday
Date: October 31

**Time:** 9:00 a.m. - 4:00 p.m.

**Fee:** \$5 (resident) \$7.50 (non-resident)

Age: 16 & Older

Location: Lithia Springs, GA

## TR DEVOUR IN AN HOUR

We're going out for lunch!!!! This group is designed to help participants work on social skills, money management, and making healthier eating choices while in the community. The name of the restaurant will be given out about a week in advance. Bring Money for lunch!

Day: Monday
Date: November 3

Time: 11:00 a.m. - 3:00 p.m. Fee: \$7 (resident) \$10.50 (non-resident)

Age: 18 & Older

Location: Depart from Kiwanis Center

#### TR GREETING CARDS - GRATEFUL GREETINGS

Assemble a set of three cards with expressions of gratitude and thanks ready for you to add your personal message inside.

Day: Thursday
Date: November 6
Time: 4:00 p.m. - 5:00 p.m.
Fee: \$18 (resident)

\$27 (non-resident)

Age: 16 & Older

Location: 140 Stonewall Ave, Suite 209A

## TR FRIENDSGIVING DINNER

Over the past 9 or so years it has become a trend to celebrate Thanksgiving with your friends the week before Thanksgiving. I think it would be fun to spend an evening enjoying our friends we are so thankful for. Come join us for our fourth annual TR Friendsgiving Dinner. We will have a catered meal from a local restaurant and enjoy some fun times with our friends.

Day: Thursday
Date: November 20
Time: 6:00 p.m. - 8:00 p.m.

Fee: \$20 (resident) \$30 (non-resident)

Age: 12 & Older

Location: 140 Stonewall Ave, Suite 209A



#### TR GREETING CARDS - CHRISTMAS CARDS

Assemble a set of three Christmas cards for you to send to friends and family to wish them a Merry Christmas!

Day: Thursday
Date: December 4
Time: 4:00 p.m. - 5:00 p.m.

Fee: \$18 (resident) \$27 (non-resident)

Age: 16 & Older

Location: 140 Stonewall Ave, Suite 209A

## TR CALLAWAY GARDENS - FANTASY IN LIGHTS

Callaway Gardens Fantasy in Lights has 8 million lights, 15 dazzling scenes, and one magical night. Treat yourself to a fun night filled with holiday cheer. Come with us as we ride their open-air Jolly Trolley through the display. This is a great way to kick off the Christmas season with your friends. Bring money for supper.

Day: Thursday
Date: December 4
Time: 4:00 p.m. - 9:30 p.m.
Fee: \$35 (resident)

\$52.50 (non-resident) e: 14 & Older

**Age:** 14 & Older **Location:** Pine Mountain



## TR CHRISTMAS KARAOKE NIGHT

We all love Christmas carols, right?? Wear your tackiest Christmas sweater and let's sing our favorite Christmas songs! Pizza and snacks will be available!

Day: Wednesday
Date: December 10
Time: 6:30 p.m. - 8:30 p.m.

Fee: \$5 (resident) \$7.50 (non-resident)

Age: 14 & Older

Location: 140 Stonewall Ave, Suite 209A

#### TR PIZZA, CHRISTMAS MOVIE PARTY

Which movies will we watch?? Bring your one, favorite Christmas movie and come join us. If you would like, you can dress in your comfy pajama pants, slippers, and robe. We'll enjoy pizza and one of our favorite Christmas movies!

Day: Thursday
Date: December 18
Time: 6:00 p.m. - 8:30 p.m.

**Fee:** \$7 (resident) \$10.50 (non-resident)

Age: 14 & Older

Location: 140 Stonewall Ave, Suite 209A

