

THERAPEUTIC PROGRAMS

TR BOWLING LEAGUE

Will you bowl a strike or a spare? What about a turkey?? Come out with your friends and just bowl with each other!!! Let's see who can get the highest score!!

Day: Tuesday

Date: Session I: January 10 - February 7

Session II: March 7 - April 11

*No bowling April 7

Time: 4:00 p.m.

Fee: \$35 (resident) \$52.50 (non-resident)

Age: 18 & Older

Location: Fayette Fun Bowl

TR DANCING FOR FUN

Dancing builds confidence. It also provides a foundation for broadening your dance experience. It enables you to learn balance, rhythm, timing, poise, and posture. It reduces stress, increases energy, improves strength, and muscle tone. It is a family and social atmosphere. It promotes cardiovascular health through physical workouts of varying intensity. It also has mental benefits. We dance to all genres of music which includes country, rap, rock, pop, hip hop, and many more.

Day: Monday

Date: Session I: January 16 - 30

Session II: February 6 - 27

Session III: March 6 - 27

Session IV: April 10 - 24

*No class April 3

Time: 4:15 p.m. - 5:15 p.m.

Fee: Session II and III: \$25 per session (resident) \$37.50 per session (non-resident)

Session I and IV: \$20 per session (resident) \$30 per session (non-resident)

Age: 18 & Older

Location: Kiwanis Center



TR THURSDAY FUN DAYS

Come hang out with us, play a game, get some exercise, and have fun with your friends. We will try and meet once a week and enjoy some kind of activity. Register for these events and come join the fun.

Day: Thursday

Date: Session I: January 26 - February 16

Session II: March 2 - 30

Time: 4:00 p.m. - 5:00 p.m.

Fee: None

Age: 12 & Older

Location: Kiwanis Center

TR WII BOWLING TOURNAMENT

Everyone loves to play the Wii!!! Let's show off our bowling skills! We will have a competition, and a prize will be awarded for first place!

Day: Wednesday
Date: January 11
Time: 5:00 p.m. - 6:30 p.m.
Fee: \$3 (resident) \$4.50 (non-resident)
Age: 12 & Older
Location: Activities House

TR GAME NIGHT

We are going to have a fun evening of games and activities. We will have several games like bingo, corn hole, Jenga, checkers, and connect four. If you have a game you would like to play, you can also bring that with you. Come join your friends for a fun day of games.

Day: Thursday
Date: January 19
Time: 4:00 p.m. - 6:00 p.m.
Fee: None
Age: 12 & Older
Location: Kiwanis Center



TR MOVIE NIGHT

Come join your friend and hang out and watch a movie. Bring some of your favorite movies, and we will vote on which one to watch. Pizza and snacks will be provided.

Day: Wednesday
Date: January 25
Time: 6:30 p.m. - 8:30 p.m.
Fee: \$5 (resident) 7.50 (non-resident)
Age: 18 & Older
Location: Activities House

TR BINGO NIGHT

Come join us for a fun night of Bingo. We will play some Bingo and have a fun night that includes prizes. Come hang out with your friends and enjoy a fun game night.

Day: Thursday
Date: February 9
Time: 6:30 p.m. - 8:00 p.m.
Fee: \$5 (resident) \$7.50 (non-resident)
Age: 12 & Older
Location: Activities House



TR TACO TUESDAY NIGHT

Let us take care of the dinner planning tonight! We will be getting a catered taco bar from Moe's Southwest Grill. This will be a fun dinner night to enjoy with everyone.

Day: Tuesday
Date: February 28
Time: 6:00 p.m. - 7:30 p.m.
Fee: \$16 (resident) \$24 (non-resident)
Age: Adult
Location: Activities House



TR DEVOUR IN AN HOUR

We're going out for lunch!! This group is designed to help participants work on social skills, money management, and making healthier eating choices while in the community. The name of the restaurant will be given out about a week in advance. Bring money for lunch!

Day: Thursday
Date: March 9
Time: 11:00 a.m. - 3:00 p.m.
Fee: \$7 (resident) \$10.50 (non-resident)
Age: 18 & Older
Location: Meet at the Activities House

TR ST. PATTY'S DAY BASH

Come dressed in green, so you don't get pinched, and the best dressed guest will win a prize. It might just be your lucky night. We will enjoy a night of food, games, and fun. You won't want to miss this night with your friends. Happy St. Patrick's Day.

Day: Friday
Date: March 17
Time: 6:00 p.m. - 8:30 p.m.
Fee: \$15 (resident) \$22.50 (non-resident)
Age: 14 & Older
Location: Activities House



TR SPRING FLING DINNER

Come celebrate the first day of spring with all your friends. We will have a catered supper, hang out, and have a good time. This will be a night of fun and hopefully we can celebrate some warmer weather.

Day: Monday
Date: March 20
Time: 6:00 p.m. - 8:30 p.m.
Fee: \$20 (resident) \$30 (non-resident)
Age: 14 & Older
Location: Activities House



TR KARAOKE NIGHT

Let's channel our inner rock stars! Eat dinner before you arrive.

Day: Thursday

Date: April 13

Time: 6:30 p.m. - 8:30 p.m.

Fee: None

Age: 14 & Older

Location: Activities House



TR NATURE HIKE AT VICKERY CREEK TRAIL AT ROSWELL MILL

We are going to explore some of the great trails in Roswell. Vickery Creek is a network of train at Roswell Mill that is in Atlanta's Chattahoochee River National Recreation Area. There are two historic mills, a covered bridge, and a spillway water fall for us to hike to. This should be a fun hike with great things to see.

Day: Thursday

Date: April 27

Time: 10:00 a.m. - 3:00 p.m.

Fee: \$3 (resident) \$4.50 (non-resident)

Age: 14 & Older

Location: Roswell

TR 2023 ANNUAL FLORIDA TRIP

This year we will be heading back to Orlando to visit Universal Studios and Islands of Adventures!!! Let's go check out the Wizarding World of Harry Potter, or maybe take a ride on the Hulk, or maybe check out the new VelociCoaster. It will be a memorable trip for sure. Price for trip includes transportation, hotel, and park tickets.

Day: Monday - Thursday

Date: May 8 - 11

Time: Depart 8:00 a.m.

Fee: \$600 (resident) \$900 (non-resident)

Age: 18 & Older

Location: Orlando, Florida



Resident Payment Plan

January 27 - \$200 due to hold spot

March 3 - \$200 due

April 3 - Final \$200 due

Non-resident Payment Plan

January 27 - \$300 due to hold spot

March 3 - \$300 due

April 3 - Final \$300 due