# **THERAPEUTIC ART WORKSHOPS**

## TR ART WORKSHOPS | WINTER/SPRING 2025

Please Note: Beginner, Moderate & Advanced classes are designed with the student in mind. If you are new to TR Art or thinking about expressing your creativity, WELCOME! If this is your first time registering for TR ART classes, it is highly recommended to start with a "beginners" art class. The art workshops, led by an art instructor, require a level of independence, abilities and artistic skills which will determine if the next level is beneficial for the student.

## **JANUARY 2025**

**TR ART WORKSHOP:** *"Flutter and Fly"* The artist will get to create their own butterfly by using a completely different technique than they have in the past. We will use squeeze bottles to draw the butterfly, fill in with paint dots and then place a plastic sheet on top. Artists will carefully pull the plastic off and watch the magic of the butterfly's wings "flutter!' Come join your friends for a night of colorful creativity!

Monday Day: Date: January 13 5:00 p.m. - 6:30 p.m. Time: Fee: \$100 (resident) \$150 (non-resident) 13 & Older Age: Level: Beginner Location: Art Room



All materials included. \*Visual is an example

#### TR ART WORKSHOP: "Sled Riding"

Imagine you and your family or friends sledding down a hill of fluffy snow! We may not get snow in Georgia (at least enough for sled riding) so, we are creating our own sled riding fun! Come in out of the chill and join your friends for an evening of magical art while we paint and sip hot chocolate. Artists will use a variety of mediums to create their wintery day mixed medium landscape, such as: watercolors, acrylic, ink, charcoal on a large-scale canvas. \*\*Note: Every artist will be required to know who they

want in the sled. Photos may be requested prior to taking the class.

Day:	Wednesday	
Date:	January 22	
Time:	5:00 p.m 7:30 p.r	n.
Fee:	\$130 (resident)	\$195 (non-resident)
Age:	13 & Older	
Level:	Advanced	
Location:	Art Room	*All



materials, hot chocolate and snacks included \*Visual is an example

#### TR ART WORKSHOP: "Soups On!!!"

**NEW!** What happens when you take Andy Warhol's Pop Art, his infamous soup cans and a chilly January day? We literally turn it into a mixed medium masterpiece! The Art room is warm, and we are serving up cups of tomato soup to sip while creating our SOUP-er cool Warhol inspired art on

a medium scaled canvas. No worries, we will not dump any soup on your head! Hah! \*\*Note: Every artist will be required to have a headshot prior to taking the class.

Day: Monday lanuary 27 Date: Time: 5:00 p.m. - 7:30 p.m. Fee: \$130 (resident) \$195 (non-resident) 13 & Older Age: Moderate Level: Location: Art Room

\*All materials and soup/drinks included \*Visual is an example



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#### **FEBRUARY 2025**

#### TR ART WORKSHOP: "Graffiti Tags"

Your friends will be talking about this art class for a while as we are expressing ourselves with "graffiti" style art! We are creating our names and placing them on a medium scaled "brick wall." Let's celebrate YOU by setting a cool vibe andstylizing your name with your friends.

Day: Monday

- **Date:** February 3
- Time: 5:00 p.m. 6:30 p.m.
- Fee: \$100 (resident) \$150 (non-resident)
- Age: 13 & Older
- Level: Beginner

Location: Art Room

#### TR ART WORKSHOP: "CONVERSATION heART"

Who cannot resist these traditional Valentine candies which say so much!? Every student will create a 12x12 colorful mixed medium piece of art which reflects the conversational candies that we all have grown to love. Join your friends for a night of Art, conversation, sweet treats, soda and heart shaped pizza!

- Day: Wednesday
- Date: February 12
- **Time:** 5:00 p.m. 7:00 p.m.
- Fee: \$120 (resident) \$180 (non-resident)
- Age: 13 & Older
- Level: Moderate
- Location: Art Room



All materials included. \*Visual is an example



All materials, pizza & treats included \*Visual is an example only

#### TR ART WORKSHOP: "City Café Art"

**NEW!** February is a month full of sweetness and we are getting inspired with some decadent desserts to fuel our creativity. Come join your friends in the art room as we will gather and then (weather permitting) walk a short distance to The City Café. Every student will choose a delightful mini dessert cup to enjoy at the café while catching up with their friends. Prior to consuming, we will take a photo of the dessert. We will all then walk back to the art room and paint our desserts on canvas. Please, keep in mind, if weather does not support our walk- we will order for take-away.

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Day:	Monday	
Date:	February 24	
Time:	5:00 p.m 7:30 p	.m.
Fee:	\$140 (resident)	\$210 (non-resident)
Age:	13 & Older	
Level:	Advanced	
Locatior	n: Art Room	





All materials and one mini dessert cup from City Cafe included

#### MARCH 2025 .

### **TR ART WORKSHOP:** *"The Sound of Color"*

Every student will share their favorite song prior to art. Music sheets of the students' chosen song will be printed and ready to be painted. Students will take turns sharing their fave song as we listen and express ourselves through color.

Day:WednesdayDate:March 12Time:5:00 p.m. - 6:30 p.m.Fee:\$100 (resident)\$150 (non-resident)Age:13 & OlderLevel:BeginnerLocation:Art Room



All materials included. \*Visual is an example

All materials, snacks, refreshments included \*Visual is an example only

# **TR ART WORKSHOP:** *"Find a Penny, Pick it Up, Then All Day, You Have Good Luck!"*

What if the Penny you picked up had your image on it? We will take our art to the next level by painting your very own 12x12 *Penny* on canvas. Abe Lincoln would probably support our creativity on this St. Patrick's Day which is full of Luck, blessings and good friends. Come celebrate the day with some Irish tunes, green treats and make some PRICELESS art. Don't forget to wear something green!

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Day:	Monday
Date:	March 17
Time:	5:00 p.m 7:30 p.m.
Fee:	\$130 (resident) \$195 (non-resident)
Age:	13 & Older
Level:	Moderate
Location:	Art Room

\*\*Note: A headshot of the artist will be requested.

#### TR ART WORKSHOP: "MARCH MAAAADNESS!"

*Slam Dunks for ALL!* This art is for the basketball enthusiast or for the family member who needs this art in their life! What a great gift idea...It's a Slam Dunk! Come join your friends as we paint, spill and use a ball to drop in the paint to give it the splatter effect.

Day:	Monday	
Date:	March 24	
Time:	5:00 p.m 7:30 p.	m.
Fee:	\$130 (resident)	\$195 (non-resident)
Age:	13 & Older	
Level:	Advanced	
Location	: Art Room	

\*\*Note: Do you have a favorite team? Let's put it on the basketball!!! Bring your appetite-there will be a *pre-game* pizza party.



All materials and PIZZA/Drinks included \*Visual is an example only

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### **APRIL 2025**

#### TR ART WORKSHOP: "How Many Scoops?"



**New!** Spring is in the air and ice cream sounds like a wonderful idea for inspiring creativity! Come join your friends in the art room as we will gather and then (weather permitting) walk a short distance to Scoops located behind

the Fayetteville Library. Every student will choose their scoop of ice cream to enjoy at Scoops while catching up with their friends. Then, we will all walk back to the art room and paint our surreal, yet whimsical fun dessert inspired art

on canvas. Please, keep in mind, if weather does not support our walk- we will enjoy our ice cream in the art room.

Monday	
April 14	
5:00 p.m 7:30 p.m.	
\$130 (resident) \$195 (non-resident)	
13 & Older	
Moderate	
: Art Room	
**Note: Photos will be requested of the person	



All materials and "Scoops" ice cream included \*Visual is an example only

# TR ART WORKSHOP: "Group Hug"

you want sitting on the ice cream sundae!

This art is absolutely precious and so fun to make with a simple step-by-step art process using a squeegee. Yes, it's all about the process and you know how much we love to use squeegees, and any other utensil we can get our hands on! Come join your friends for art and HUGS. The image says it all!

Day:	Wednesday	
Date:	April 23	
Time:	5:00 p.m 6:30 p	.m.
Fee:	\$100 (resident)	\$150 (non-resident)
Age:	13 & Older	
Level:	Beginner	
Location	: Art Room	

#### TR ART WORKSHOP: "Let's Gather and Gogh"

**NEW!** Van Gogh's *Café Terrace at Night* is the inspiration for this creatively fun art class. We will replicate the impressionistic painting by using partial printed imagery and impressionistic brushstrokes to our medium scaled canvas. Next, artists will bring in images of their family and friends which will become part of the painted *gathering under the terrace.* These vibrant colors will take our imagination to Van Gogh's stars.

Day:	Monday
Date:	April 28
Time:	5:00 p.m 7:30 p.m.
Fee:	\$140 (resident) \$210 (non-resident)
Age:	13 & Older
Level:	Advanced
Location	: Art Room

\*\*Note: Photos will be requested of your friends/family for the painting!



All materials included | small canvas/board \*Visual is an example only



All materials, Pizza & drinks included \*Visual is an example only

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