

# THERAPEUTIC PROGRAMS

## TR BOWLING LEAGUE

Will you bowl a strike or a spare? What about a turkey?? Come out with your friends and just bowl with each other!!! Let's see who can get the highest score!!



**Day:** Tuesday  
**Date:** Session I: January 7 - February 4  
Session II: March 4 - April 1  
**Time:** 4:00 p.m.  
**Fee:** \$35 (resident)  
\$52.50 (non-resident)  
**Age:** 18 & Older  
**Location:** Fayette Fun Bowl

## TR THURSDAY FUN DAYS

Come hang out with us, play a game, get some exercise, and have fun with your friends. We will try and meet once a week and enjoy some kind of activity. Register for these events and come join the fun.

**Day:** Thursday  
**Date:** Session I: January 9 - February 13  
Session II: March 6 - April 17  
*\*No TR Fun Day January 9 & April 10*  
**Time:** 4:00 p.m. - 5:00 p.m.  
**Fee:** Free  
**Age:** 12 & Older  
**Location:** Kiwanis Center

## TR Nintendo Switch BOWLING TOURNAMENT

Everyone loves to play the Wii bowling, but we are going to change it up a bit and this time play the newer version on the Nintendo Switch. Let's show off our bowling skills! We will have a competition, and a prize will be awarded for first place!

**Day:** Wednesday  
**Date:** January 8  
**Time:** 5:00 p.m. - 6:30 p.m.  
**Fee:** \$3 (resident)  
\$4.50 (non-resident)  
**Age:** 12 & Older  
**Location:** Activities House



## TR GREETING CARDS

Come and put together 3 greeting cards you can send to friends and family. All supplies provided. January is Birthday or general, February is Valentines, March is Thank you, and April is General greetings. Come join this fun new class.

**Day:** Thursday  
**Date:** Session I: January 9  
Session II: February 6  
Session III: March 6  
Session IV: April 3  
**Time:** 4:00 p.m. - 5:00 p.m.  
**Fee:** \$12 (resident)  
\$18 (non-resident)  
**Age:** 16 & Older  
**Location:** Activities Room

## TR GAME NIGHT

We are going to have a fun evening of games and activities. We will have several games like bingo, corn hole, jenga, checkers, and connect four. If you have a game you would like to play, you can also bring that with you. Come join your friends for a fun day of games.



**Day:** Thursday  
**Date:** January 16  
**Time:** 4:00 p.m. - 6:00 p.m.  
**Fee:** Free  
**Age:** 12 & Older  
**Location:** Kiwanis Center

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[https://fayettecountyga.gov/parks\\_and\\_recreation/](https://fayettecountyga.gov/parks_and_recreation/)

Registration: <https://secure.rec1.com/GA/fayette-county-ga/catalog>

## TR MOVIE NIGHT

Come, join your friends, hang out and watch a movie. Bring some of your favorite movies, and we will vote on which one to watch. Pizza and snacks will be provided.



**Day:** Wednesday  
**Date:** January 29  
**Time:** 6:00 p.m. - 8:30 p.m.  
**Fee:** \$5 (resident) \$7.50 (non-resident)  
**Age:** 18 & Older  
**Location:** Activities Room

## TR BINGO NIGHT

Come join us for a fun night of Bingo. We will play some Bingo and have a fun night that includes prizes. Come hang out with your friends and enjoy a fun game night.

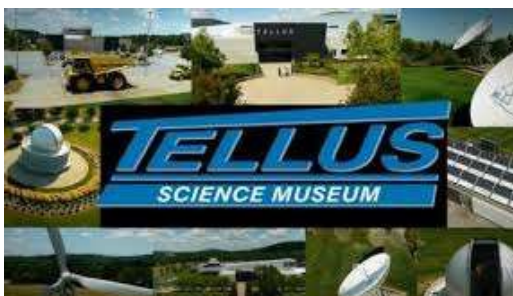


**Day:** Tuesday  
**Date:** February 11  
**Time:** 6:30 p.m. - 8:00 p.m.  
**Fee:** \$5 (resident) \$7.50 (non-resident)  
**Age:** 12 & Older  
**Location:** Activities Room

## TR TACO TUESDAY NIGHT

Let us take care of the dinner planning tonight! We will be getting a catered taco bar from Moe's Southwest Grill. This will be a fun dinner night to enjoy with everyone.

**Day:** Tuesday  
**Date:** February 25  
**Time:** 6:00 p.m. - 7:30 p.m.  
**Fee:** \$16 (resident)  
 \$24 (non-resident)  
**Age:** Adult  
**Location:** Activities Room



## TR DEVOUR IN AN HOUR

We're going out for lunch!! This group is designed to help participants work on social skills, money management, and making healthier eating choices while in the community. The name of the restaurant will be given out about a week in advance. Bring money for lunch!

**Day:** Thursday  
**Date:** March 6  
**Time:** 11:00 a.m. - 3:00 p.m.  
**Fee:** \$7 (resident) \$10.50 (non-resident)  
**Age:** 18 & Older  
**Location:** Meet at the Bus



## TR SPRING FLING DINNER

Come celebrate the first day of spring with all your friends. We will have a catered supper and hang out and have a good time. This will be a night of fun and hopefully we can celebrate some warmer weather.

**Day:** Thursday  
**Date:** March 20  
**Time:** 6:00 p.m. - 8:00 p.m.  
**Fee:** \$20 (resident) \$30 (non-resident)  
**Age:** 14 & Older  
**Location:** Activities Room

## TR VISITS TELLUS SCIENCE MUSEUM

We are going to the Tellus science center to check out all their cool exhibits. They have several cool exhibits that are there all the time like a fossil gallery, mineral gallery, exhibits on cars and transportation, and many other neat topics. While there we will also try and check out one of their shows in their Planetarium. I hope you can join us for this neat trip.

**Day:** Friday  
**Date:** March 28  
**Time:** 8:30 a.m. - 3:00 p.m.  
**Fee:** \$38 (resident) \$57 (non-resident)  
**Age:** 14 & Older  
**Location:** Cartersville, GA

## TR KARAOKE NIGHT

Let's channel our inner rock stars! Eat dinner before you arrive.



- Day:** Monday
- Date:** April 14
- Time:** 6:30 p.m. - 8:30 p.m.
- Fee:** Free
- Age:** 14 & Older
- Location:** Activities Room

## TR NATURE HIKE AT COCHRAN MILL PARK

We are Heading to Cochran Mill Park in Chattahoochee Hills. This park is 800 acres of woods, fields, streams, waterfalls, huge boulders, rock outcrops, and plenty of nature's beauty. The park also has ruins of three historic mills on site. Come with us as we explore this area and enjoy some great hiking with our friends.

- Day:** Tuesday
- Date:** April 22
- Time:** 10:00 a.m. - 3:00 p.m.
- Fee:** \$3 (resident)  
\$4.50 (non-resident)
- Age:** 14 & Older
- Location:** Chattahoochee Hills, GA

## TR FAMILY AND FRIENDS WALKING CLUB

Bring your family, buddies, or just yourself, and come get some exercise with your friends. We are going to meet at the Activities House and walk in Patriot Park next door to get some exercise. Come get fit and have fun with your friends at the same time.

- Day:** Monday
- Date:** March 24 - April 28  
*\* No walking club April 7*
- Time:** 4:00 p.m. - 5:00 p.m.
- Fee:** Free
- Age:** 10 & Older
- Location:** Patriot Park



## TR 2025 ANNUAL FLORIDA TRIP TO TAMPA

This year we will be heading to Tampa to check out some of their great attractions. While in Tampa we will head to Bush Gardens and have a blast riding rides all day. On our second day we will have the chance to visit the Tampa Zoo, and the Florida Aquarium. We might get the chance to visit the Clearwater Marine Aquarium and maybe take dolphin or sunset cruise. Join us for this exciting overnight trip.

- Day:** Monday - Thursday
- Date:** May 5 - 8
- Time:** Depart 8 a.m.
- Fee:** \$500 (resident)  
\$750 (non-resident)
- Age:** 18 & Older
- Location:** Tampa, Florida

### PAYMENT PLAN

January 24 - \$150 due to hold your spot (number of spaces is limited)  
February 28 - \$150 due  
April 4 - Final \$200 due

