

TR INTRO TO KARATE

If you join this class, you will work on continuous group organization, memory skills, and muscle memory. Participants will learn to train themselves how to become and stay engaged in various activities! Classes will be scheduled upon request, once we have four or more students interested and available. Call 770-716-4322 TODAY to be added to the interest list for an upcoming class.

TR KARAOKE NIGHT

Let's channel our inner rock stars! Eat dinner before you arrive.

Day: Tuesday
Date: September 18
Time: 6:30 p.m. - 8:30 p.m.
Fee: None
Age: 14 & Older
Location: Activities house

Course Code: 18472



TR DEVOUR IN AN HOUR

We're going out for lunch!!!! This group is designed to help participants work on social skills, money management, and making healthier eating choices while in the community. The name of the restaurant will be given out about a week in advance. Bring money for lunch!

Day: Thursday
Date: October 4
Time: 11:00 a.m. - 3:00 p.m.
Fee: \$7 (resident) \$10.50 (non-resident)
Age: 18 & older
Location: Meet at the Activities House

Course Code: 18473

TR WII FIT CLUB

Come join us as *Wii* get *Fit* with our friends, AND play video games??!! Is that even possible? You'll have to join us to find out!

Day: Tuesday
Date: October 9 – October 30
Time: 10:00 a.m. – 11:00 a.m.
Fee: None
Age: 18 & Older
Location: Activities House

Course Code: 18474

TR BOWLING LEAGUE

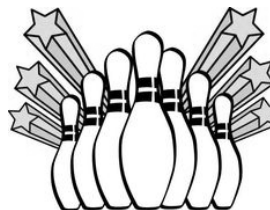
Will you bowl a strike or a spare?? What about a TURKEY??!! Come out with your friends and just have a blast!! Let's see who can get the highest score! Please arrive at 3:45 p.m. so we can definitely begin on time!

No bowling September 18.

Day: Tuesday
Date: Session I: September 4 – October 9
Session II: October 16 – November 13
Time: 4:00 p.m.
Fee: \$35 (resident) \$52.50 (non-resident)
Age: 18 & Older
Location: Fayette Fun Bowl

Course Code: 18475

Course Code: 18476



TR SOUTHERN BELL FARM

Join us as we travel to Southern Bell Farm in McDonough for some great fall activities. We will get to enjoy a hayride, corn maze, check out some barnyard animals, and maybe get to see a pig race. We will eat supper there around a campfire where we will roast hotdogs and make s'mores. We will have a fun time enjoying fall on the farm.

Day: Friday
Date: November 19
Time: 3:15 p.m. – 9:30 p.m.
Fee: \$35 (resident) \$52.50 (non-resident)
Age: 18 & Older
Location: McDonough

Course Code: 18477

TR EXERCISE WITH TONI

This is a simple goal! Come get some exercise with Toni! This class will be a combination of TR Yoga and TR Dance. Make sure to wear comfortable clothes and bring water!

Day: Thursday

Date: Session I: September 13 – October 18

Course Code: 18478

No class September 27, or October 11

Session II: November 1 - November 29

Course Code: 18479

No class November 22

Time: 4:00 p.m. - 5:00 p.m.

Fee: \$30 (resident) \$45 (non-resident)

Age: 14 & Older

Location: Activities House

**TR UGLY SWEATER – CHRISTMAS KARAOKE NIGHT**

We all love Christmas carols, right?? Wear your tackiest Christmas sweater and let's sing our favorite Christmas songs! Pizza and snacks will be available!

Day: Thursday

Date: November 29

Course Code: 18480

Time: 6:30 p.m. – 8:30 p.m.

Fee: \$5 (resident) \$7.50 (non-resident)

Age: 14 & Older

Location: Activities House

TR CHRISTMAS COOKIE BAKING

Join us for a fun evening of baking and decorating cookies. This is always a great way to get into the Christmas season. We will get the chance to bake several kinds of cookies, and show off our creative side by decorating a few. Everyone will get to take home some of the tasty treats we create. Please let us know of any allergies when you register. (Please eat dinner before you arrive.)

Day: Thursday

Date: December 13

Course Code: 18481

Time: 6:00 p.m. - 8:30 p.m.

Fee: \$5 (resident) \$7.50 (non-resident)

Age: 16 & Older

Location: Activities House

TR PAJAMA, PIZZA, CHRISTMAS MOVIE MARATION

Which movies will we watch?? Bring your one favorite Christmas movie and come join us, dressed in your comfy pajama pants, slippers, and robe – we'll enjoy pizza and at least two of our favorite Christmas movies!

Day: Tuesday

Date: December 18

Course Code: 18482

Time: 4:00 p.m. – 8:30 p.m.

Fee: \$7 (resident) \$10.50 (non-resident)

Age: 14 & Older

Location: Activities House

Holiday
Movie
Favorites

**TR FORMAL 2019 –“UNDER THE SEA”**

Join us for an evening “under the sea” as we enjoy our annual formal with our friends. Let's dance the night away during an evening that will be filled with memories for a lifetime! Due to booking facilities, ordering food, and planning the decorations, the **deadline to register is November 16.**

Day: Saturday

Date: January 19

Course Code: 18483

Time: 7:00 p.m. - 9:30 p.m.

Fee: \$45 (resident) \$67.50 (non-resident)

Age: 16 & Older

Location: TBA



TR ART WORKSHOP: Moments in Time; Places & Experiences

Moments in Time; Places and Experiences Students will be required to bring in their favorite photo of their favorite family vacation destination. Maybe a picture from moments at the lake, or your summer vacation to the beach, road trip through the mountains to see Grandma's farm house....It's up to you! Each artist will work on a medium sized canvas to create and capture their special moment in time.

*Note: we will not paint portraits of people.

Day: Tuesday
Day: September 4
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$125 (resident) \$187.50 (non-resident)
Age: 13 & Older
Location: Downstairs Activities House

Course Code: 18484

**TR ELEMENTS OF ART**

Fall welcomes change and this art class adapts with change graciously and CREATIVELY. Students will explore their creative path with inks, acrylic paints, clay, oils, and many different types of mixed mediums. We will use canvas, wood, and fabric to paint our creations! We have no limitations in this class and it's always something new!

***Please note, the instructor will be offering a GRATITUDE from the heART class on October 2nd. This is a complimentary class from 5-6. This class is open to Our loyal TR artist and anyone interested in TR Art session for the future. This is an opportunity to see what the TR ART classes are about, ask question, meet new friends, and be amongst your friends. The ART room is always exciting. Come see what we are creating.

Day: Thursday
Date: Session I: September 6 - September 20
 Free Class: October 2
 Session II: October 4 - October 18
 (** Week of October 8 class will be on Tuesday)
 Session III: November 1 - November 15
 Session IV: December 6, 13, & 18
 *Note: Dec 18 isn't on a Thursday
Time: 5:00 p.m. – 6:00 p.m.
Fee: \$80 (resident) \$120 (non-resident)
Age: 13 & Older
Location: Downstairs Activities House

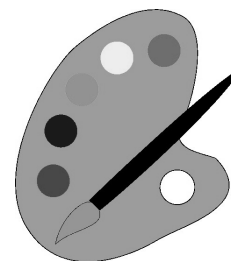
Course Code: 18485

Course Code: 18486

Course Code: 18487

Course Code: 18488

Course Code: 18489

**TR ART WORKSHOP: NEW! Progression of Pour Painting**

This is a new one!!! You don't want to miss this incredible painting process of layering different colors of paint into cups – which will be poured onto medium sized wood panels. The creative process is therapeutic to the soul and the end project is nothing less than extraordinary!

Day: Tuesday
Date: September 25
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$120 (resident) \$180 (non-resident)
Age: 13 & Older
Location: Downstairs Activities House

Course Code: 18490

**TR ART WORKSHOP: FALL'en Leaves upon Water**

Nature is the inspiration as students will use ink to draw different shapes of leaves onto an oversized piece of high quality watercolor paper. Following, water colors will flow through the negative space creating a collage of 'Fall'en leaves in their brilliant glory. You will want to frame this masterpiece!

Day: Tuesday
Date: October 16
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$100 (resident) \$150 (non-resident)
Age: 13 & Older
Location: Downstairs Activities House

Course Code: 18491

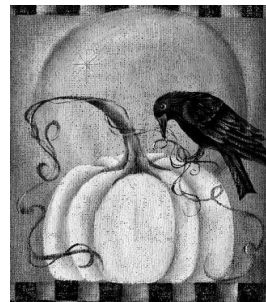


TR ART WORKSHOP: “This is HALLOWEEN”

You are going to enjoy hanging out with your friends while listening to some ‘Spooky’ beats, eating ‘Ghoulish’ treats and of course painting pumpkins and crow dark as night! Sign up if you dare and join us on Halloween Eve! Every artist will paint on a medium sized canvas.

Day: Tuesday
Date: October 30
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$100 (resident) \$150 (non-resident)
Age: 13 & Older
Location: Downstairs Activities House

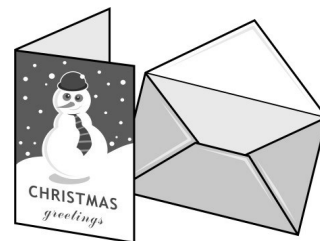
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**TR ART WORKSHOP: SEASONAL FAVE!! Holiday Greeting from the heART**

It is that time of year and by request, we will create these cards so you have plenty of time to sign, seal, and deliver them with love! Every student will create 12 authentic painted Christmas cards (includes envelopes) to send family, and friends for the holiday season. These cards are sure to bring warm thought by the artist's hand that holds the paint brush and their hearts! Of course we will get into the magic of the season by listening to holiday classics while sipping hot cocoa (with marshmallows – of course!)

Day: Tuesday
Date: November 6
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$125 (resident) \$187.50 (non-resident)
Age: 13 & Older
Location: Downstairs Activities House

Course Code: 18493

**TR ART WORKSHOP: Santa's Helper Creating Gifts of Gratitude**

November is a month of gratitude and time to check off your holiday list before December! This art class will create 5 gifts which you may give to the ones you love....The holidays are around the corner. Every student will create two glass ornaments, one stained glass 8x10 picture frame, a hand painted mini canvas (with easel) and 5x7 painting of their choice.

Day: Tuesday
Date: November 27
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$125 (resident) \$187.50 (non-resident)
Age: 13 & Older
Location: Downstairs Activities House

Course Code: 18494

**TR ART WORKSHOP: Tree Lighting in the Town Square**

An oversized canvas will reflect the artist's authentic masterpiece by creating a quintessential holiday scene set in a Town Square for the annual tree lighting celebration. Visuals will be provided as the artist chooses which Town Square to replicate. This painting will spread holiday cheer every year!

Day: Tuesday
Date: December 4
Time: 5:00 p.m. – 7:00 p.m.
Fee: \$130 (resident) \$195 (non-resident)
Age: 13 & Older
Location: Downstairs Activities House

Course Code: 18495

