

## YOUTH GYMNASTICS CLASS

Want to learn the fundamentals of Gymnastics? We are offering a Gymnastics class to teach basic and essential gymnastics skills with enthusiasm and passion. We want to inspire the youth of the community through physical fitness and gymnastics. Some of the skills include cartwheels, handstands, round offs, back hand springs, and much more. Come join this exciting opportunity for your child to learn the sport of Gymnastics. Class will meet once a week on Saturdays.

**Day:** Saturday

**Date:** Session I: September 1 - September 29

Session II: October 6 - October 27

Session III: November 3 - November 24

Session IV: December 1 - December 29

**(\*\*No Class Dec. 22\*\*)**

**Time:** 10:30 a.m. - 11:30 a.m.

**Fee:** \$60 per month (resident)

\$95 per month (non-resident)

**Age:** 3 - 15 years old

**Location:** Kiwanis Center

**Course Code:** 18412

**Course Code:** 18413

**Course Code:** 18414

**Course Code:** 18415



## YOUTH FLAG FOOTBALL LEAGUE

Why Flag Football? Experienced coaches from Jump Start Sports will teach football basics to players and then players will apply their new skills in low-competition games against a rotating schedule of teams. Players will learn the basic fundamentals of offense and defense, and will be introduced to speed and agility training. League will meet once a week for 6 weeks.

**Day:** Thursday

**Date:** September 6 - October 11

**Time:** 7:00 p.m. - 8:00 p.m.

**Fee:** \$65 (resident)

\$97.50 (non-resident)

**Age:** 5 -12 years old

**Location:** McCurry Park South – Multi Purpose Field

**Course Code:** 18416



## SOFT STICK LACROSSE

Boys and girls in grades 1-6 will learn to play one of the fastest growing sports in the United States. Lacrosse is action packed and lots of fun!! All equipment will be provided in this highly instructional and recreational program. Experienced coaches from Jump Start Sports will teach children the fundamentals of the game including: passing and catching, fielding ground balls, cradling, spacing and positioning, and defense. Children will play fun, game situational scrimmages. Plastic sticks and soft balls will be provided. Body checking or stick checking will not be permitted! Helmets or shoulder pads will not be used. League will meet once a week for 6 weeks.

**Day:** Thursday

**Date:** September 6 - October 11

**Time:** 6:00 p.m. - 7:00 p.m.

**Fee:** \$65 (resident)

\$97.50 (non-resident)

**Age:** 5 -12 years old

**Location:** McCurry Park South – Multi Purpose Field

**Course Code:** 18417



## YOUTH VOLLEYBALL – FALL LEAGUE

This league provides young girls a chance to learn and play the sport of volleyball in a fun and safe environment (all skill levels welcome). Primary focus includes both instruction and game-play. Early registration is encouraged to secure your place in the league. Details are subject to change. Please use the Youth Volleyball Registration Form (at our office or on our Website under “Current Brochure”).

**Registration:** August 13 – August 24 (\$5 late fee is registering after August 24)

**Fee:** \$40 (resident) \$60 (non-resident)

**Season:** September 10 - November 8

**Bronze Division:** Grades 3 & 4 (Tuesday Nights)

**Silver Division:** Grades 5 & 6 (Monday Nights)

**Gold Division:** Grades 7 & 8 (Thursday Nights)

**Location:** East Fayette Gym (245 Booker Avenue)

**Course Code:** 18418

**Course Code:** 18419

**Course Code:** 18420

