

## YOUTH GYMNASTICS PROGRAM

Want to learn the fundamentals of Gymnastics? We are offering a Gymnastics class to teach basic and essential gymnastics skills with enthusiasm and passion. We want to inspire the youth of the community through physical fitness and gymnastics. Some of the skills include cartwheels, handstands, round offs, back hand springs, and much more. Come join this exciting opportunity for your child to learn the sport of Gymnastics. Class will meet once a week on Saturdays.

**Day:** Saturday  
**Date:** Session I: January 5 - January 26 **Course Code:** 19022  
 Session II: February 2 - February 23 **Course Code:** 19023  
 Session III: March 2 - March 30 **Course Code:** 19024  
 Session IV: April 6 - April 27 **Course Code:** 19025  
**Time:** 10:30 a.m. - 11:30 a.m.  
**Fee:** \$60 per session (resident) \$90 per session (non-resident)  
**Age:** 3 - 15 years old  
**Location:** Kiwanis Center



## YOUTH VOLLEYBALL OPEN GYM

This open gym is designed to keep players active during the off-season. This will be an unstructured time where players can work on their skills, get more repetitions, and have fun!! The \$10 is a one time fee. \*There must be 4 people pre-registered to open the gym\*

**Day:** Tuesday  
**Date:** January 8 - February 26 **Course Code:** 19026  
**Time:** 6:00 p.m. - 8:00 p.m.  
**Fee:** \$10 (resident) \$15 (non-resident)  
 Drop in: \$2 (resident) \$3 (non-resident)  
**Age:** 3<sup>rd</sup> grade - 8<sup>th</sup> grade  
**Location:** East Fayette Gym (245 Brooker Avenue)

## YOUTH VOLLEYBALL - SPRING LEAGUE

This league provides participants a chance to learn and play the sport of volleyball in a fun and safe environment (all skill levels welcome). Primary focus includes both instruction and game-play. Practices and games will be held on the same night. Early registration is encouraged to secure your place in the league. Details are subject to change. Please use the Youth Volleyball Registration Form (at our office or on our website under "Current Brochure").

**Registration:** January 28 - February 15 (\$5 late fee if registering after February 15)  
**Fee:** \$40 (resident) \$60 (non-resident)  
**Season:** March - Mid May  
**Time:** Rotate between 6:00 p.m. - 7:30 p.m. and 7:30 p.m. - 9:00 p.m.  
**Silver Division:** 5<sup>th</sup> & 6<sup>th</sup> (Tuesday Nights) **Course Code:** 19027  
**Gold Division:** 7<sup>th</sup> & 8<sup>th</sup> (Thursday Nights) **Course Code:** 19028  
**Location:** East Fayette Gym (245 Brooker Avenue)



## YOUTH TRACK AND FIELD

This program is designed to teach the sport of track and field, promote youth physical fitness, and provide a fun learning experience. This is a recreation based program that is open to runners of all abilities. Birth Certificates and Proof of Residency required prior to the GRPA District Track Meet. If interested in coaching or assisting, please contact the Parks and Recreation Department. Non-residents will not be allowed to advance to the GRPA District or State Track Meet.

**\*Deadline to register will be January 25 by 5:00 p.m.\***

**Practice Days:** Monday and Thursday **Course Code:** 19029  
**Meets:** Saturday  
**Practice begins:** February  
**Time:** 6:15 p.m. - 7:45 p.m.  
**Fee:** \$100 (resident) \$150 (non-resident)  
**Age:** 7-14 years old  
**Location:** McCurry or Kenwood Park Track

## GESA NFL FLAG FOOTBALL PROGRAM

We are offering a flag football program through Georgia Elite Sports Academy. The league is a program of NFL Play60, the NFL movement for an active generation. This league is open to boys and girls. Each kid will receive NFL replica jerseys to wear during the season. This is a great program for parents who are looking for another option other than tackle football. Teams will have one mandatory practice an hour before each game and one optional practice during the week at coaches discretion. Each team is guaranteed eight games. Games are on Saturdays.

**Day:** Saturday **Course Code:** 19030  
**Season begins:** March 2019  
**Fee:** \$140 per player  
**Age:** 4 - 17 years old  
**Location:** Kenwood Park

